



May 13, 2006 6:00 a.m.

Almaden Quicksilver County Park
Mockingbird Entrance
San Jose, California

The 50K and 50 Mile races are run on scenic, hilly trails and fire roads in Almaden Quicksilver County Park. The 50K has 5,440 feet of climb, and the 50 Mile has 8,530 feet of climb. Be sure to look at the altitude profile. Although the course is very challenging, the friendly aid stations and beautiful scenery (and no time cut-offs in the 50K!) make Quicksilver an excellent choice for a first trail ultramarathon. And the outstanding post-race barbecue is a fitting reward after you've met the challenge.

Entry Information

You can enter instantly on line at www.Active.com and pay by credit card. Or print out the entry form from this site and mail it with check payable to Quicksilver to: Quicksilver Running Club, 17230 Deer Park Rd., Los Gatos, CA 95032. Or you can register in person during packet pickup on Friday, May 12. **THERE IS NO RACE DAY REGISTRATION.**

Entry fee: 50K: \$55 until 4/21/06; \$70 if postmarked after 4/21. 50 Mile: \$60 until 4/21/06; \$75 if postmarked after 4/21. Sending your entry in early saves you money and helps us plan! Entry fees are **NON-REFUNDABLE.**

Weather and Hazards

Normal starting temperatures are 45-60 degrees; afternoon temperatures can be anywhere from the 60s to the 90s. Rain is possible though not likely. There is poison oak on the course. Be alert for rattlesnakes and ticks.

Course and Aid Stations

- The first 2.7 miles are on a wide fire road that includes a steep climb and descent before the turn onto single track trail. The single track rolls up and down for about 6 miles, and the rest of the race is on fire roads with several major climbs and descents, some of which are steep. Both races share the same course to mile 31.5, and 50-milers then do an out and back that includes 8 miles in the beautiful and shady Sierra Azul Open Space Preserve.
- There are 6 aid stations for the 50K and 12 aid stations for the 50 mile.
- Aid stations will have water, an electrolyte drink, coke, fruits, cookies, pretzels, chips, and candies. Some aid stations will have potatoes and sandwiches. There will be water only at Webb Canyon (6.4 miles) .
- YOU SHOULD CARRY AT LEAST ONE WATER BOTTLE—the weather is often hot and it can be a long time between aid stations if you are moving slowly and out of water.

<u>Aid Station</u>	<u>Mile</u>	<u>Miles to Next</u>	<u>Route to Next</u>
Mockingbird - Start		6.4	Virl Norton, R up Hacienda, L New Almaden
Webb Canyon (water only)	6.4	3.3	New Almaden, L up Mine Hill
Dam	9.7	4.8	L Randol
Capehorn	14.5	4.5	R up Mine Hill, R April, R up Mine Hill
Dam	19.0	4.7	Mine Hill, L. down Guadalupe, L Senador, R up Mine Hill
Dam	23.7	3.3	Mine Hill to Bull Run, R Castillero
Englishtown	27.0	4.5	R down Eng. Camp, Cross Mine Hill onto Hacienda
Mockingbird	31.5		50K Finish
Mockingbird	31.5	4.0	Virl Norton, L down Hacienda, Cross Mine Hill, straight up Eng. Camp
Englishtown	35.4	2.0	L Yellow Kid, L Wood Rd.
Hicks Rd.	37.4	4.0	Wood Rd. into Sierra Azul
Sierra Azul	41.4	4.0	Wood Rd. (turnaround)
Hicks Rd.	45.4	2.0	Wood Rd., L Yellow Kid
Englishtown	47.5	2.5	Castillero, R down Mine Hill, L Capehorn, L Hacienda
Mockingbird	50		50 Mile Finish

Note: You can use the above directions to follow the course on the map of the park.

Number Pickup

- Race numbers and T-shirts may be picked up 5:00 p.m. to 8:00 p.m. on Friday, May 12, at the Mockingbird Start/Finish area. Directions are below. You may also register for the race at this time.
- Numbers can also be picked up at the starting area Saturday morning from 5:00 to 5:45 a.m.

Directions to Mockingbird Start/Finish Area

To get to Mockingbird start/finish area: From Highway 17 heading south from San Jose (which is a continuation of 880 south from the East Bay), take Camden Avenue exit and turn left (east). In a couple miles the road splits and Camden turns south, so be sure you stay to the right to make that right turn. Stay on Camden for several miles to Almaden Expressway and turn right (south). Go south on Almaden Expressway to the stop light at O'Grady/Old Almaden Road (sign before the light says New Almaden 2-1/4 miles). Turn right on Almaden Road to Mockingbird Hill Lane/McKean Rd. Turn right on Mockingbird to go to the park entrance.

From Highway 17 heading north from Santa Cruz, take the East Los Gatos exit. At the T intersection at Los Gatos Blvd., turn left and go north to Blossom Hill Rd., a major intersection with stop light. Turn right on Blossom Hill and go east several miles to Camden Ave. Turn right on Camden to Almaden Expressway and turn right, following the directions above from there.

From San Francisco or the Peninsula, take 280 or 101 south to Highway 85 south. From 680 south, take Highway 87 (Guadalupe Parkway) south. From Hwy 85 or 87 south, take the Almaden Expressway exit and head south. Follow the directions above from Almaden Expressway.

Parking

The parking lot at Mockingbird fills early on race day. THERE IS NO PARKING ON THE STREET ADJACENT TO THE MOCKINGBIRD PARKING LOT. Once the lot is full, cars will be directed to park on residential streets about 1/4 mile from the start area. It is about a 5-minute walk to the starting area from the residential parking area, so allow plenty of time in case you don't get into the lot.

Drop Bags

- Drop bags will be taken from the starting area on Saturday morning to the Dam Overlook aid station (miles 9.67, 19, and 23.7) for both 50K and 50-mile runners, and to the Hicks Road aid station (miles 37.5 and 45.5) for the 50-mile runners
- Runners may also leave a bag at Mockingbird start/finish area (mile 31.5 of the 50)

- Write your name and the name of the aid station clearly on your bags
- Bags from the Dam Overlook will be returned to the start/finish area by about 1:00 p.m.; **bags from Hicks Road will not be returned until about 6:00 p.m.**, so plan accordingly.

Start

The race will start at 6:00 A.M. sharp at Mockingbird. **ALL RUNNERS MUST CHECK IN AT THE START BY 5:45 A.M.**, even if you picked up your race packet on Friday night. We need to know who is actually starting the race so we can accurately keep track of all runners on the course.

Rules

1. Race numbers must be worn on the front so they are visible to checkpoint personnel.
2. Crews for 50-milers may see their runners at the Mockingbird start/finish area (mile 31.5) and at Hicks Road (miles 37.5 and 45.5). There is no other road access to the course, but observers are welcome to run or hike into aid stations. No aid may be given outside of aid stations.
3. No pacers are allowed in the 50K. Runners in the 50-mile may have pacers from Mockingbird (31.5 miles).
4. Runners may not switch from the 50-mile to the 50K once the race starts. If you are in the 50-mile race, you will not be counted as a 50K finisher if you drop at 31 miles.
5. No ties will be allowed for awards.

Cut-Off Times

There are no cut-off times for the 50K.

The following cut-off times for 50-mile runners will be strictly enforced:

- Mockingbird (31.5 miles) - 1:50 p.m.
- Hicks Road (37.5 miles) - 3:20 p.m.
- Hicks Road (45.5 miles) – 5:25 p.m.

Any runner who refuses to leave the course after missing a cut-off may be refused entry to the race in future years.

Dropping Out

We keep track of all runners, so if something should happen that makes it necessary for you to drop out of the race, **GO TO THE SCORING TABLE AT THE FINISH LINE** to let us know you have dropped. We do not have any reliable means of getting information from the aid stations, so it is your responsibility to let us know at the finish line that you have dropped. If we call search and rescue because we don't know where you are, you will likely get the bill for the search.

The Finish

- The post-race barbecue will be held at the finish area beginning at about 11:00 a.m.
- All finishers in the 50K and all who make the cut-offs out on the course and finish the 50 mile (no time limit) will receive finishers' awards.
- Awards will be given to the overall male and female winners of each race (who will also receive their first place age group awards).
- Age group awards will be given to first finishers in 29 and under and 70+, and to first 3 in 30-39, 40-49, 50-59 and 60-69 age divisions.

Lodging

The closest places to stay to the start/finish area are about 9-12 miles away:

Best Western Bristol, 3341 So. Bascom Ave., Campbell, 408-559-3330
Motel 6, 1240 Camden Ave., San Jose, 408-371-8870 or 800-4Motel6
Carlyle Hotel, 1300 Camden Ave., San Jose, 408-559-3600 or 800-888-3611
Residence Inn, 2761 So. Bascom Ave., Campbell, 408-559-1551
Pruneyard Inn, 1995 So. Bascom, Campbell, 408-559-4300
Larkspur Landing, 550 W. Hamilton Ave., Campbell, 408-364-1514
Campbell Inn, 675 E. Campbell Ave., Campbell, 408-374-4300, 800-582-4449

Other choices are available in Los Gatos, downtown San Jose, or near the San Jose airport

Camping

You can sleep Friday night in your car or RV or put up a small tent on the lawn at Almaden Neighborhood Church, which is located at the corner of Almaden Rd. and Mockingbird Hill Lane near the start/finish. Otherwise, the nearest camping is at Uvas Canyon County Park near Morgan Hill. They do not take reservations. For information call the park at 408-779-9232. Oak Dell RV Park, also near Morgan Hill, has motor home spaces only. Call 408-779-7779 for information.

In Case of Cancellation:

Quicksilver has never been cancelled. However, there is the potential that the County could cancel the race due to fire danger, weather or trail conditions. If this should happen, we would try to give partial refunds with any entry fees that have not already been used for race expenses, but we cannot promise refunds.